

Fred Jones Teaching Topics & Tips

- ✓ Work the Room. Eliminate the green and yellow zones. Be able to create green zones in fewer than five steps.
- ✓ Organize your room for teaching your way, or someone else will organize it for their purpose.
- ✓ Praise, prompt, and leave. Wean the “helpless hand-raisers” from your attention and body.
- ✓ Learning occurs one step at a time.
- ✓ People learn by doing.
- ✓ A picture is worth 1000 words.
- ✓ Create Visual Instructional Plans (VIP’s) for your students. Write a set of directions on the board.
- ✓ Students learn by saying it, seeing it, and doing it.
- ✓ Rules need practice.
- ✓ Provide cover for students to be righteous.
- ✓ It is easier to have high standards than low standards.
- ✓ Say what you mean and mean what you say.
- ✓ Keep practicing until you get it right.
- ✓ Words have no meaning on the first day of school.
- ✓ It only matters what your words mean in your presence.
- ✓ The rules in any classroom are: “Whatever the market will bare.”
- ✓ Do it right, or do it all year long.
- ✓ Never do anything for students that they are capable of doing by themselves.
- ✓ All social systems function exactly as they are designed.
- ✓ Our current accepted discipline system is essentially “institutionalized weenieism”.
- ✓ There are no degrees of consistent.
- ✓ If it happens in the classroom, it can only be fixed in the classroom.
- ✓ Reflexes are automatic and immediate. We cannot choose the reflex.
- ✓ Every aspect of flight/fight in the classroom creates hypertension.
- ✓ Adrenaline increases metabolism.
- ✓ Adrenaline takes twenty-seven minutes to clear the bloodstream.
- ✓ The payback for a six hour energy debt during school is paid by you, your family, and your friends.
- ✓ Nagging is fight/flight with speech.
- ✓ Nagging is “pheasant posturing” or “snap & snarl”.

- ✓ When you lose your temper, you lose your cortex. Then it becomes thirty cortexes controlling one brainstem.
- ✓ Calm is strength; this is a skill. Upset is weakness; this is an instinct.
- ✓ Relax your face and jaw by relaxing your muscles and breathing.
- ✓ Turn in a regal fashion.
- ✓ Mixed messages represent the body language of ambivalence.
- ✓ Discipline must come before instruction.
- ✓ Body language tells the other person what you are going to do.
- ✓ Point your toes and your eyes at the focal point.
- ✓ As far as back-talk goes, if you don't lose, you win.
- ✓ Remember Queen Victoria quote, "We are not amused."
- ✓ Stay with a talker until you get a stable pattern of work."
- ✓ Never make a ½ turn.
- ✓ Use camouflage to cover discipline management.
- ✓ Don't make a conversation of back-talk.
- ✓ "Open your mouth, and slit your throat."
- ✓ Back-talk is a melo-drama written, produced, and directed by the student.
- ✓ Back-talk is mostly work for the student
- ✓ Types of back-talk include: denial, blame your neighbor, and blame your teacher.
- ✓ Remember, "Soft heart, hard head."
- ✓ Students cannot manage time until they have time to manage.
- ✓ P.A.T. – Preferred Activity Time
- ✓ People won't take responsibility for things they can't control.
- ✓ Teachers are givers and time-keepers.
- ✓ Students must make decisions about what teachers give them.
- ✓ Omission Training is a procedure to decrease the occurrence rate of a specific behavior.
- ✓ You cannot reinforce the non-occurrence of a behavior.
- ✓ The traditional "Back-Up System" is designed to raise the price of a behavior until the student cannot afford to do it.
- ✓ Most teachers who think a student needs omission training have not implemented the other steps in the program.
- ✓ Any enrichment program you use can serve as P.A.T.
- ✓ Competitive team games make wonderful P.A.T. ideas.
- ✓ Use working the crowd to camouflage your pre-back-up system.
- ✓ Use positive classroom structure to create positive classroom management.

